



Philippine Map

Luzon Sea

Legend

- National Capital
- Province
- City
- City Provincial Capital
- Provincial Capital

Total land area in sq.kilometers...342,351.2*
Regions...17
Provinces...80
Cities...138
Municipalities...1,496
Municipal Barangay...42,026
No. of islands...7,107
Population(2007)...88,566,732
*Based from NSCB as of 2007

NCR - National Capital Region		
	LAND AREA	POPULATION
Calabarzon City	55.8	1,381,619
Las Pinas City	32.7	547,349
Marikina City	21.6	510,383
Malabon City	15.7	363,681
Mandaluyong City	9.5	305,570
Manila	25.0	1,660,714
Marikina City	21.5	424,659
Muntinlupa City	39.8	452,943
Navotas City	8.9	245,344
Parañaque City	46.6	552,680
Pasig City	14.0	402,084
Pasig City	48.5	627,440
Patong	19.4	61,940
Quezon City	171.7	2,679,450
San Juan City	40.2	125,538
Talagong City	45.2	913,543
Valenzuela City	47.0	568,928
Total	618.7	11,568,325

CAR - Cordillera Administrative Region		
	LAND AREA	POPULATION
Ateneo	4,113.4	103,833
Baguio	3,826.6	372,533
Baguio City	391.8	391,826
Baguio	2,628.2	388,615
Baguio	3,221.3	180,326
Mountain Province	2,157.4	548,861
Total	19,422.2	1,520,847

Region 1 - Ilocos Region		
	LAND AREA	POPULATION
Ilocos Norte	3,467.9	547,284
Ilocos Sur	2,596.0	651,138
La Union	1,497.7	726,972
Pangasinan	5,811.0	2,445,399
Total	13,372.6	4,546,799

Region 2 - Cagayan Valley		
	LAND AREA	POPULATION
Ateneo	2,719.0	15,974
Cagayan	8,295.8	1,072,551
Isabela	12,414.9	1,401,495
Isabela	3,975.7	887,817
Quirino	2,323.5	168,610
Total	26,228.9	3,051,487

Region 3 - Central Luzon		
	LAND AREA	POPULATION
Aurora	3,142.3	187,802
Bataan	1,373.0	662,153
Bulacan	2,796.1	2,822,216
Marikina City	5,751.3	1,443,853
Pampanga	2,062.5	1,111,191
Angkor City	3,053.8	1,243,449
Tarlac	3,836.8	493,085
Umaguigan City	227.2	227,270
Total	22,014.6	6,796,177

Region 4.A - CALABARZON		
	LAND AREA	POPULATION
Antaraga	1,514.6	2,345,869
Calabarzon	1,574.2	2,856,363
La Union	1,917.9	2,473,330
Quezon	8,068.6	1,446,510
Quirino	2,323.5	168,610
Total	16,474.8	11,372,355

Region 4.B - MIMAROPA		
	LAND AREA	POPULATION
Marikina City	952.8	226,636
Occidental Mindoro	5,865.7	421,952
Oriental Mindoro	4,258.4	735,749
Palawan	17,030.8	682,152
Palawan Province	216,508	216,508
Palawan	1,333.8	276,214
Total	29,627.1	3,559,761

Region 5 - Bicol Region		
	LAND AREA	POPULATION
Albay	2,575.8	1,187,185
Camarinan Norte	2,235.1	513,789
Camarinan Sur	5,407.0	1,481,851
Comandancia	1,492.2	232,757
Marikina	4,151.8	768,939
Marikina	2,119.0	799,673
Total	18,155.9	5,106,160

Region 6 - Western Visayas		
	LAND AREA	POPULATION
Aklan	1,821.4	495,122
Antaraga	2,728.2	115,265
Cebu	2,944.4	755,688
Guimaras	624.6	191,238
Iloilo	5,079.2	1,691,678
Iloilo City	414.7	414,714
Region Occidental	7,965.2	2,379,269
Ward City	496.8	496,801
Total	20,794.2	6,863,642

Region 7 - Central Visayas		
	LAND AREA	POPULATION
Bahad	5,861.0	1,286,119
Calbay	3,342.0	2,446,120
Calbay	20.2	20,200
Calbay	5,865.3	1,286,119
Region Occidental	3,357.5	87,890
Total	15,886.0	6,403,639

Region 8 - Eastern Visayas		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 9 - Zamboanga Peninsula		
	LAND AREA	POPULATION
Zamboanga	5,861.0	1,286,119
Zamboanga	5,814.2	914,719
Zamboanga	71,462.7	71,462,719
Zamboanga	3,607.8	146,386
City of Zamboanga	22.7	47,985
Total	17,048.6	3,330,694

Region 10 - Northern Mindanao		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 11 - Davao Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 12 - SOCCSKSARGEN		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 13 - CARAGA		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 14 - ARMM		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 15 - Ilocos Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 16 - Cagayan Valley		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 17 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 18 - National Capital Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 19 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 20 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 21 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 22 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 23 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 24 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 25 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 26 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 27 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 28 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 29 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 30 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 31 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 32 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

Region 33 - Cordillera Administrative Region		
	LAND AREA	POPULATION
Albay	4,660.5	405,114
Albay	6,315.1	1,734,240
Albay	3,592.9	546,738
Albay	6,048.0	405,114
Albay	1,798.6	390,847
Albay	23,251.1	3,471,940

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