



Philippine Map

Luzon Sea

Legend

- National Capital
- Province
- City
- City Provincial Capital
- Provincial Capital

Total land area in sq.kilometers...342,351.2*
Regions...17
Provinces...80
Cities...138
Municipalities...1,496
Municipal Barangay...42,026
No. of islands...7,107
Population(2007)...88,566,732
*Based from NSCB as of 2007

NCR - National Capital Region		
	LAND AREA	POPULATION
Calcutan City	59.8	1,381,619
Las Pinas City	32.7	547,349
Marikina City	21.6	510,383
Malabon City	15.7	363,681
Mandaluyong City	9.5	305,570
Manila	25.0	1,660,714
Navotas City	31.5	424,659
San Juan City	39.8	452,943
San Mateo City	6.9	245,344
Shawmut City	46.6	552,680
Shawmut City	14.0	402,084
Shawmut City	48.5	627,440
Shawmut City	19.4	61,940
Shawmut City	171.7	2,679,450
Shawmut City	40.2	125,538
Shawmut City	45.2	913,543
Shawmut City	47.0	568,928
Total	618.7	11,568,325

Region 1 - Ilocos Region		
	LAND AREA	POPULATION
Alcala	4,565.3	2,380,553
Alcala	4,811.4	103,833
Alcala	3,826.6	372,553
Alcala	3,971.7	391,826
Alcala	2,628.2	586,815
Alcala	5,221.3	180,326
Alcala	2,574.4	548,861
Alcala	19,422.2	1,520,847

Region 2 - Cagayan Valley		
	LAND AREA	POPULATION
Alcala	2,718.0	15,974
Alcala	12,414.9	1,401,495
Alcala	3,975.7	397,817
Alcala	2,323.5	163,610
Alcala	26,228.9	3,051,487

Region 3 - Central Luzon		
	LAND AREA	POPULATION
Alcala	3,142.3	187,802
Alcala	1,373.0	662,153
Alcala	2,796.1	2,822,216
Alcala	5,751.3	1,843,853
Alcala	2,062.5	1,111,191
Alcala	3,053.8	1,243,449
Alcala	3,830.8	493,085
Alcala	22,014.6	8,798,177

Region 4.A - CALABARZON		
	LAND AREA	POPULATION
Alcala	3,114.6	2,345,869
Alcala	1,574.2	2,856,363
Alcala	1,917.9	2,473,330
Alcala	8,068.6	1,646,510
Alcala	1,791.9	2,288,691
Alcala	16,473.4	11,757,355

Region 4.B - MIMAROPA		
	LAND AREA	POPULATION
Alcala	952.8	226,636
Alcala	5,863.7	421,952
Alcala	4,258.4	735,749
Alcala	17,030.8	682,152
Alcala	216,508	216,508
Alcala	1,333.8	276,714
Alcala	29,621	3,559,761

Region 5 - Bicol Region		
	LAND AREA	POPULATION
Alcala	2,575.8	1,187,185
Alcala	2,235.1	513,789
Alcala	5,407.0	1,681,851
Alcala	1,492.2	232,757
Alcala	4,151.8	768,939
Alcala	2,119.0	799,673
Alcala	18,155.9	5,106,160

Region 6 - Western Visayas		
	LAND AREA	POPULATION
Alcala	1,821.4	495,122
Alcala	2,728.2	115,265
Alcala	2,944.4	755,688
Alcala	624.6	191,238
Alcala	5,079.2	1,691,678
Alcala	4,474.9	1,414,716
Alcala	7,965.2	2,379,269
Alcala	496.601	496,601
Alcala	20,794.2	6,863,642

Region 7 - Central Visayas		
	LAND AREA	POPULATION
Alcala	5,861.0	2,282,119
Alcala	5,342.0	2,446,120
Alcala	20,250	20,250
Alcala	5,385.3	1,217,264
Alcala	357.5	87,691
Alcala	15,888.0	6,430,699

Region 8 - Eastern Visayas		
	LAND AREA	POPULATION
Alcala	5,861.0	2,282,119
Alcala	5,342.0	2,446,120
Alcala	20,250	20,250
Alcala	5,385.3	1,217,264
Alcala	357.5	87,691
Alcala	15,888.0	6,430,699

Region 9 - Zamboanga Peninsula		
	LAND AREA	POPULATION
Alcala	1,821.4	495,122
Alcala	2,728.2	115,265
Alcala	2,944.4	755,688
Alcala	624.6	191,238
Alcala	5,079.2	1,691,678
Alcala	4,474.9	1,414,716
Alcala	7,965.2	2,379,269
Alcala	496.601	496,601
Alcala	20,794.2	6,863,642

Region 10 - Northern Mindanao		
	LAND AREA	POPULATION
Alcala	1,821.4	495,122
Alcala	2,728.2	115,265
Alcala	2,944.4	755,688
Alcala	624.6	191,238
Alcala	5,079.2	1,691,678
Alcala	4,474.9	1,414,716
Alcala	7,965.2	2,379,269
Alcala	496.601	496,601
Alcala	20,794.2	6,863,642

Region 11 - Davao Region		
	LAND AREA	POPULATION
Alcala	1,821.4	495,122
Alcala	2,728.2	115,265
Alcala	2,944.4	755,688
Alcala	624.6	191,238
Alcala	5,079.2	1,691,678
Alcala	4,474.9	1,414,716
Alcala	7,965.2	2,379,269
Alcala	496.601	496,601
Alcala	20,794.2	6,863,642

Region 12 - SOCCSKSARGEN		
	LAND AREA	POPULATION
Alcala	1,821.4	495,122
Alcala	2,728.2	115,265
Alcala	2,944.4	755,688
Alcala	624.6	191,238
Alcala	5,079.2	1,691,678
Alcala	4,474.9	1,414,716
Alcala	7,965.2	2,379,269
Alcala	496.601	496,601
Alcala	20,794.2	6,863,642

Region 13 - CARAGA		
	LAND AREA	POPULATION
Alcala	1,821.4	495,122
Alcala	2,728.2	115,265
Alcala	2,944.4	755,688
Alcala	624.6	191,238
Alcala	5,079.2	1,691,678
Alcala	4,474.9	1,414,716
Alcala	7,965.2	2,379,269
Alcala	496.601	496,601
Alcala	20,794.2	6,863,642

Region 14 - ARMM		
	LAND AREA	POPULATION
Alcala	1,821.4	495,122
Alcala	2,728.2	115,265
Alcala	2,944.4	755,688
Alcala	624.6	191,238
Alcala	5,079.2	1,691,678
Alcala	4,474.9	1,414,716
Alcala	7,965.2	2,379,269
Alcala	496.601	496,601
Alcala	20,794.2	6,863,642

CAR
Cordillera Administrative Region

MAJOR INDUSTRIES
CROPS - Banana, Coffee, Corn, Palay, Potato, Sweet Potato
MINERALS - Gold, Silver, Copper
MINING
TEXTILES & FURNITURES
HANDICRAFTS & FURNITURES

Region 1
Ilocos Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Mango, Tamarito, Tobacco, Coconut
FOOD PROCESSING
MASS TRANSPORTATION OPERATION
AQUA CULTURE
MINING

Region 3
Central Luzon

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Mango, Tamarito, Tobacco, Coconut
FOOD PROCESSING
MASS TRANSPORTATION OPERATION
AQUA CULTURE
MINING

NCR
National Capital Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Mango, Coffee, Coconut
FOOD PROCESSING
MASS TRANSPORTATION OPERATION
TOURISM
MACHINERIES
TEXTILES & GARMENTS
HANDICRAFTS & FURNITURES

Region 4.B
MIMAROPA

MAJOR INDUSTRIES
CROPS - Palay, Corn, Mango, Banana, Coffee, Coconut, Sweet Potato, Pineapple
FOOD PROCESSING
MINING & QUARRYING
NATURAL GAS
HANDICRAFTS & FURNITURES
AQUA CULTURE
TOURISM
MINERALS - Gold, Silver, Copper, Nickel

Region 6
Western Visayas

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Sugarcane
FOOD PROCESSING
TOURISM
MILLING
AQUA CULTURE
MINERALS - Gold, Silver, Copper, Manganese

Region 7
Central Visayas

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Sugarcane, Sweet Potato
FOOD PROCESSING
TOURISM
MILLING
AQUA CULTURE
MINERALS - Gold, Silver, Copper, Manganese

Region 10
Northern Mindanao

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Pineapple, Sugarcane
FOOD PROCESSING
TOURISM
MILLING
AQUA CULTURE
MINERALS - Chromium, Manganese

Region 9
Zamboanga Peninsula

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Coffee
FOOD PROCESSING
MINING
MASS TRANSPORTATION OPERATION
MINERALS - Chromium

ARMM
Autonomous Region of Muslim Mindanao

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 2
Cagayan Valley

MAJOR INDUSTRIES
CROPS - Palay, Corn, Sugarcane, Tomato, Peanut, Coffee, Coconut, Sweet Potato
MINING
MILLING
MACHINERIES
FOOD PROCESSING

Region 4.A
CALABARZON

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Mango, Coffee, Coconut, Sweet Potato, Pineapple
FOOD PROCESSING
MACHINERIES
TEXTILES & GARMENTS
HANDICRAFTS & FURNITURES
AQUA CULTURE
TOURISM
MINERALS - Gold, Silver, Copper, Nickel

Region 5
Bicol Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Jackfruit, Coconut, Pineapple
FOOD PROCESSING
MINING
AQUA CULTURE
MINERALS - Gold, Silver, Chromium

Region 8
Eastern Visayas

MAJOR INDUSTRIES
CROPS - Palay, Corn, Coconut, Jackfruit, Sweet Potato
AQUA CULTURE
ENERGY RELATED
MINING
MINERALS - Chromium

Region 13
CARAGA

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Sweet Potato
AQUA CULTURE
FOREST PRODUCTS
MINING
HANDICRAFTS & FURNITURES
MINERALS - Gold, Silver, Copper, Nickel, Chromium

Region 11
Davao Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Sugarcane, Banana, Coconut, Durian, Pineapple
AQUA CULTURE
FOOD PROCESSING
MINING
LIVESTOCK/POLYTRY
TOURISM
FOREST PRODUCTS
MINERALS - Gold, Copper, Silver, Chromium

Region 12
SOCCSKSARGEN

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian
ENERGY RELATED
FOREST PRODUCTS
MILLING

Region 14
ARMM

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 15
Zamboanga Peninsula

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Coffee
FOOD PROCESSING
MINING
MASS TRANSPORTATION OPERATION
MINERALS - Chromium

Region 16
ARMM

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 17
ARMM

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 2
Cagayan Valley

MAJOR INDUSTRIES
CROPS - Palay, Corn, Sugarcane, Tomato, Peanut, Coffee, Coconut, Sweet Potato
MINING
MILLING
MACHINERIES
FOOD PROCESSING

Region 4.A
CALABARZON

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Mango, Coffee, Coconut, Sweet Potato, Pineapple
FOOD PROCESSING
MACHINERIES
TEXTILES & GARMENTS
HANDICRAFTS & FURNITURES
AQUA CULTURE
TOURISM
MINERALS - Gold, Silver, Copper, Nickel

Region 5
Bicol Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Jackfruit, Coconut, Pineapple
FOOD PROCESSING
MINING
AQUA CULTURE
MINERALS - Gold, Silver, Chromium

Region 8
Eastern Visayas

MAJOR INDUSTRIES
CROPS - Palay, Corn, Coconut, Jackfruit, Sweet Potato
AQUA CULTURE
ENERGY RELATED
MINING
MINERALS - Chromium

Region 13
CARAGA

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Sweet Potato
AQUA CULTURE
FOREST PRODUCTS
MINING
HANDICRAFTS & FURNITURES
MINERALS - Gold, Silver, Copper, Nickel, Chromium

Region 11
Davao Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Sugarcane, Banana, Coconut, Durian, Pineapple
AQUA CULTURE
FOOD PROCESSING
MINING
LIVESTOCK/POLYTRY
TOURISM
FOREST PRODUCTS
MINERALS - Gold, Copper, Silver, Chromium

Region 12
SOCCSKSARGEN

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian
ENERGY RELATED
FOREST PRODUCTS
MILLING

Region 14
ARMM

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 15
Zamboanga Peninsula

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Coffee
FOOD PROCESSING
MINING
MASS TRANSPORTATION OPERATION
MINERALS - Chromium

Region 16
ARMM

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 17
ARMM

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 2
Cagayan Valley

MAJOR INDUSTRIES
CROPS - Palay, Corn, Sugarcane, Tomato, Peanut, Coffee, Coconut, Sweet Potato
MINING
MILLING
MACHINERIES
FOOD PROCESSING

Region 4.A
CALABARZON

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Mango, Coffee, Coconut, Sweet Potato, Pineapple
FOOD PROCESSING
MACHINERIES
TEXTILES & GARMENTS
HANDICRAFTS & FURNITURES
AQUA CULTURE
TOURISM
MINERALS - Gold, Silver, Copper, Nickel

Region 5
Bicol Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Jackfruit, Coconut, Pineapple
FOOD PROCESSING
MINING
AQUA CULTURE
MINERALS - Gold, Silver, Chromium

Region 8
Eastern Visayas

MAJOR INDUSTRIES
CROPS - Palay, Corn, Coconut, Jackfruit, Sweet Potato
AQUA CULTURE
ENERGY RELATED
MINING
MINERALS - Chromium

Region 13
CARAGA

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Sweet Potato
AQUA CULTURE
FOREST PRODUCTS
MINING
HANDICRAFTS & FURNITURES
MINERALS - Gold, Silver, Copper, Nickel, Chromium

Region 11
Davao Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Sugarcane, Banana, Coconut, Durian, Pineapple
AQUA CULTURE
FOOD PROCESSING
MINING
LIVESTOCK/POLYTRY
TOURISM
FOREST PRODUCTS
MINERALS - Gold, Copper, Silver, Chromium

Region 12
SOCCSKSARGEN

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian
ENERGY RELATED
FOREST PRODUCTS
MILLING

Region 14
ARMM

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 15
Zamboanga Peninsula

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Coffee
FOOD PROCESSING
MINING
MASS TRANSPORTATION OPERATION
MINERALS - Chromium

Region 16
ARMM

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 17
ARMM

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian, Pineapple
FOOD PROCESSING
MASS TRANSPORTATION OPERATION

Region 2
Cagayan Valley

MAJOR INDUSTRIES
CROPS - Palay, Corn, Sugarcane, Tomato, Peanut, Coffee, Coconut, Sweet Potato
MINING
MILLING
MACHINERIES
FOOD PROCESSING

Region 4.A
CALABARZON

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Mango, Coffee, Coconut, Sweet Potato, Pineapple
FOOD PROCESSING
MACHINERIES
TEXTILES & GARMENTS
HANDICRAFTS & FURNITURES
AQUA CULTURE
TOURISM
MINERALS - Gold, Silver, Copper, Nickel

Region 5
Bicol Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Jackfruit, Coconut, Pineapple
FOOD PROCESSING
MINING
AQUA CULTURE
MINERALS - Gold, Silver, Chromium

Region 8
Eastern Visayas

MAJOR INDUSTRIES
CROPS - Palay, Corn, Coconut, Jackfruit, Sweet Potato
AQUA CULTURE
ENERGY RELATED
MINING
MINERALS - Chromium

Region 13
CARAGA

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Sweet Potato
AQUA CULTURE
FOREST PRODUCTS
MINING
HANDICRAFTS & FURNITURES
MINERALS - Gold, Silver, Copper, Nickel, Chromium

Region 11
Davao Region

MAJOR INDUSTRIES
CROPS - Palay, Corn, Sugarcane, Banana, Coconut, Durian, Pineapple
AQUA CULTURE
FOOD PROCESSING
MINING
LIVESTOCK/POLYTRY
TOURISM
FOREST PRODUCTS
MINERALS - Gold, Copper, Silver, Chromium

Region 12
SOCCSKSARGEN

MAJOR INDUSTRIES
CROPS - Palay, Corn, Banana, Coconut, Durian
ENERGY RELATED
FOREST PRODUCTS
MILLING