RUSSIAN FEDERATION

- National capital
- Chief town of federal district
- Previous capital of republic, oblast, krai or krug

ARCTIC OCEAN
CHUKCHI SEA
BERING SEA
BARENTS SEA
KARSKOYE MORE (KARA SEA)
MORE LAPTEVYKH (LAPTEV SEA)
VOSTOCHNO-SIBIRSKOYE MORE (EAST SIBERIAN SEA)
OKHOTSKOYE MORE (SEA OF OKHOTSK)
BALTIC SEA
BLACK SEA
Sea of Azov
Gulf of Bothnia
Bering Strait
Proliv Longa
Tatarskiy Proliv
La Perouse Strait
Zaliv Shelikhova
Zaliv Terpeniya
Yanskiy Zaliv

Svalbard (Norway)
Zemlya Frantsa-Iosifa (Franz Josef Land)
Severnaya Zemlya (North Land)
Novosibirkiye Ostrova (New Siberian Islands)
Novaya Zemlya (New Zemlya)
Ostrov Komsomolets
Ostrov Oktyabr'skoy Revolyutsii
Ostrov Bol'shevik
Ostrov Kotel'nyy
Ostrov Bol'shaya Lyakhovskiy
Ostrov Novaya Sibir'
Mys Lopatka
Ostrov Vrangelya (Wrangel)
Mys Chukotskiy
Anadyrskiy Zaliv
Mys Navarin
Anadyr
Mys Olyutorskiy
Ostrov Karaginskiy
Komandorskiye Ostrova
Palana
Poluostrov Kamchatka (Kamchatka Peninsula)
Mys Lopatka
Ostrov Paramushir
Kuril'skiye Ostrova (Kuril Islands)
Mys Elizavety
Shantarskiye Ostrova
Sakhalin
Ostrov Iturup
Yuzno-Sakhalinsk
Petropavlovsk-Kamchtskiy
Magadan
Ostrov Kolguyev
Pechorskoye More
Ostrov Vayhach
Kol'skiy Poluostrov
Dudinka
Salekhard
Tura
Khanty-Mansiysk
Yakutsk
Komsomol'sk-na-Amure
Khabarovsk
Birobidzhan
Blagoveshchensk
Chita
Ulan-Ude
Aginskoye
Ust'-Ordynskiy
Irkutsk
Tomsk
Kemerovo
Krasnoyarsk
Novosibirsk
Barnaul
Novokuznetsk
Chernogorsk
Abakan
Gorno-Altaysk
Kyzyl
Omsk
Chelyabinsk
Kurgan
Yekaterinburg
Tyumen'
Nar'yan Mar
Arkhangel'sk
Severodvinsk
Murmansk
North Cape
Petrozavodsk
Syktyvkar
Vyatka
Kudymkar
Perm'
Izhevsk
Kazan'
Cheboksary
Yoshkar-Ola
Nizhniy Novgorod
Vladimir
Ivanovo
Kostroma
Yaroslavl'
Tver
Volgograd
Saratov
Samara
Ufa
Orenburg
Astrakhan'
Rostov-na-Donu
Krasnodar
Volgograd
Stavropol'
Elista
Maykop
Cherkessk
Nal'chik
Vladikavkaz
Nazran'
Grozny
Makhachkala
Velikiy Novgorod
Pskov
St.Petersburg
Kaliningrad
Vologda
Cherepovets
Arkhangel'sk
Murmansk
Petrozavodsk
Syktyvkar
Vyatka
Kudymkar
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Volgograd
Stavropol'
Elista
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Nal'chik
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Ivanovo
Vladimir
Ryazan'
Bryansk
Kaluga
Tula
Orel
Kurks
Belgorod
Lipetsk
Voronezh
Tambov
Saransk
Penza
Ulyanovsk
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Kazan'
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SWEDEN
FINLAND
BELARUS
UKRAINE
LAT.
EST.
LITH.
POL.
GEOR.
ARM.
AZER.
TUR.
KAZAKHSTAN
CHINA
JAPAN
NORTH-WESTERN
CENTRAL
VOLGA
SOUTHERN
URAL
SIBERIAN
FAR-EASTERN

0 km 275 550 825 km