

NEPAL



LOW / HILLS / MOUNTAINS

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TIBET

75 mi

75 km

N

China

Rara
Nat. Park

Kail
River

Shey-Phoksundo
Nat. Park

TIBET

Annapurna

Karnali
River

Nepal

Sagarmatha
Mt. Nat. Park

Everest

Royal
Bardia NP

Pokhara

Kathmandu

Bhaktapur

Nepalgunj

Butwal

Lumbini

Lalitpur

Birganj

Dharan
Bazaar

India

Royal
Chitwan
Nat. Park

Narayani
River

TARAI

Kosi
River

Biratnagar

Bangladesh