
Glasgow
Edinburgh
Kilmarnock
M74
A74(M)
A7
A1
Dumfries
Newcastle
Upon Tyne
Whitley
Bay
Houghton le Spring
Carlisle
Sunderland
Consett
Durham
Workington
Shildon
Redcar
Whitehaven
Middlesbrough
Darlington
Northallerton
A6
Kendal
Scarborough
Barrow-in-Furness
Harrogate
York
Fleetwood
Clitheroe
Leeds
Selby
Kingston
upon Hull
M65
Halifax
Blackpool
Chorley
Huddersfield