



**Rouran (or Juan-Juan) Empire**  
(Became "Khaganate" in 402 AD)

Khitan

Buyeo

usun

**City-States of Xiyü**  
(The Western Regions)

Shanshan

L Liang

N Liang

S Liang

**Tuyuhun**

Zhang-Zhung?

Tanguts

Later  
Qin

**Northern  
Wei**

Later  
Yan

**Goguryeo**

Southern  
Yan

Baekje

**Tibetan Tribes & Kingdoms**

Liao

**Eastern Jin  
Dynasty**

**Gupta Empire**

Kamarupa

Dattas

Burmese  
Peoples

Arakan

Pyu  
City-States

Thai  
Tribes

Khmer  
Tribes

Mon  
Kingdoms

Taiwanese  
Peoples

Malays

Kottura  
Erandaipala  
Devarastra  
Pistapura

Salankya